



Willamette Valley Hospice

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Free Grief Support Group Offered in Stayton

Willamette Valley Hospice Group Helps Participants find Hope and Healing

Stayton, Oregon (December 21, 2009) – Willamette Valley Hospice will offer a six-week grief support on Fridays, January 22, 29 and February 5, 12, 19, and 26, 2010 from 10:30am - noon at Santiam Hospital, 1401 N Tenth, Stayton. Professional counselors will facilitate the meetings. The public is invited and there is no charge, although pre-registration is required. Monthly drop-in grief groups are available for those unable to make a six-week commitment.

One Willamette Valley Hospice bereavement group participant says, "The group helped me focus and process through the grief rather than stay stuck in it at the most intense level."

Please call Willamette Valley Hospice Bereavement Services at 503.588.3600 or toll free at 800.555.2431 for more information or to register. A calendar of events and grief support groups can be found on Willamette Valley Hospice's website at www.wvh.org.

Willamette Valley Hospice is the only non-profit hospice organization founded in and committed to serve residents of Marion and Polk counties. Since 1978, Willamette Valley Hospice has been serving our local communities. Willamette Valley Hospice offers community bereavement services, educational forums, volunteer opportunities, and community presentations at no cost.